

**Women in Sports Commission**

***In Partnership with Fiji Paralympic Committee and Fiji Disable People’s Federation***

***Letter of Invitation to Participate in “Sports and Working with Persons with Disability’ and Carers of Persons with Disabilities Program***

Membersand non-members of the Fiji Paralympic Committee and Fiji Disable People’s Federation as well as the public are invited to participate in a **“Sports and Working with Persons with Disability’ and Carers of Persons with Disabilities Program** jointly supported by Women in Sports Commission under the IOC funding – Gender Equality and Diversity in partnership with Fiji Paralympic Committee and Fiji Disable People’s Federation.

**Date: Friday June 6, 2018**

**Venue:FNCDPBrown Street Complex**

**Time: 9.30am to 3pm**

**PROGRAM:**

9.30am to 10am: Registration and socialization

10am to 10.10am: Welcome remarks (Partners) and Housekeeping

10.10am to 10.20am: Introductions

10.20am to 10.30am: What we need to understand about Impairment, Disability and Handicap

10.30am to 10.45am: WHO – International Classification of Functioning, Disability and Health (ICF)

10.45am to 11.00am: Physical Activity and Sports

**11.00am to 11.10am: Arrange Room for Practical Session**

11.10am to 12.00noon: - Bed Mobility Exercises; Basic Upper and Lower Limbs Exercises and Lifting and Transfer Skills

**12.00pm to 1.00pm: LUNCH**

**1.00pm to 3.00pm: Play a Sport**

**For further information, please contact Ms Hamidan Bibi (WISC) on 9296534 or email** **bibi.hamidan@gmail.com** **or Mere Roden email:** **employers.idea@gmail.com****. Phone:**