



MISSION

TO INSPIRE EXCELLENCE IN THE ATHLETES OF TRINIDAD AND TOBAGO TO ENABLE THEM TO REALIZE THEIR FULL POTENTIAL

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President's Message

FRANTZ OMAR FANON IN HIS BOOK THE WRETCHED OF THE EARTH SAID:

EACH GENERATION MUST, OUT OF RELATIVE OBSCURITY, DISCOVER ITS MISSION, FULFIL IT OR BETRAY IT



Mr. Brian Lewis, President, Trinidad and Tobago Olympic Committee

he Trinidad and Tobago Olympic Committee (TTOC) notwithstanding the economic challenges facing Trinidad and Tobago, is firmly of the view that it must fulfil its mission, not betray it.

Challenges and adversity provided opportunities for the TTOC in 2017 which is also the Trinidad and Tobago Commonwealth Games Association (TTCGA) and the Trinidad and Tobago Beach and Sand Games Association (T&TBSGA).

Priority programmes such as: #10golds24#futureisfemale #sportindustryTT #nextchampion #TeamTTO placed demands on the TTOC that required our collective creativity and innovation and an accept no limits mindset, among other valuable, already inherent, traits.

We welcomed new members of the TTOC Executive Committee who embraced our modus operandi and our signposts: athlete centred, market focused and better governance.

Undaunted by the economic realities of our time, the TTOC self-funded Team TTO's participation at the Commonwealth Youth Games in the Bahamas and our team honoured our country and our flag. The medal haul and team composition also reflected the theme "Future is Female".

A critical service delivery factor for the TTOC this past year has been the emphasis on capacity building for our member affiliates and we thank our affiliates for their commitment to raising the standards of administration and performance in sports. Remaining positive and optimistic is easier said than done but it is our duty, obligation and responsibility. As our President, Her Excellency Paula-Mae Weekes, entreated us in her inaugural speech, we must be light and see light.

The late Makandal Daaga politician and pan-Africanist once said: "Let us make the necessary sacrifices and not leave the burden to the next generation." His simple yet profound statement reminds us all of our commitment and our opportunity.

I take this opportunity to acknowledge the tremendous work and effort of the staff at Olympic House - Lovie, Stacy, Chanelle and Rheeza.

Let us move forward with courage and perseverance and determination not to leave the burden to the next generation.

Brian Anthony Courtenay Lewis

ABOUT THE TRINIDAD AND TOBAGO OLYMPIC COMMITTEE

rinidad and Tobago, then a British Colony was eager to compete in the Olympic Games and the TTOA came into being as a working committee to take the country into the Central American and Caribbean Games in Barranquilla, Colombia in 1946. Formal affiliation to the International Olympic Committee (IOC) was granted to Trinidad and Tobago at the IOC session in 1948.

The TTOC is an independent organization responsible for providing Trinidad and Tobago athletes with the necessary resources to achieve sporting excellence at the Olympic Games, Youth Olympics Games (YOG), Central American and Caribbean Games (CAC Games), Pan American Games (Pan Am Games), Commonwealth Games and Commonwealth Youth Games (CYG). The TTOC consists of National Sporting Organizations (NSO's) whose sport is recognized by an International Federation (IF).

In addition, the TTOC is committed to Trinidad and Tobago athletes through the development of high performance sport. Our role also extends to promoting structured physical education and sustainability, and spreading the Olympic ideals throughout our communities even in the years between Olympic Games.

The TTOC is funded principally through grants from the Pan American Sport Organization (PASO), the International Olympic Committee (IOC) and corporate sponsorship. The TTOC is non-profit organizations, independent of the Government and Government funding, other than contributions by the Ministry of Sport to the national team's representation at International Games.

NATIONAL SPORTING ORGANIZATIONS

ational sporting organizations (NSOs) govern and manage all aspects of their individual sports within Trinidad and Tobago. The NSOs are responsible for training, competition and the development of their sports, as well as selecting athletes for Team TTO at International, Regional and National competitions.

There are forty- three (43) NSO's affiliated with the Trinidad and Tobago Olympic Committee which comprises of Olympic, Commonwealth, Pan American Sports and other sport affiliated organizations.



National Ballroom Dance Association of Trinidad and Tobago Trinidad and Tobago Canoe & Rowing Federation Trinidad and Tobago Contract Bridge Association Trinidad and Tobago Cue Sports Foundation Trinidad and Tobago Draughts/ Checkers Association National Pigeon Racing Commission of Trinidad and Tobago Trinidad and Tobago Sports Medicine Association Trinidad and Tobago Snowsports Federation Trinidad and Tobago Weightlifting Association Wushu Association of Trinidad and Tobago

MEMBERS OF THE EXECUTIVE

The Executive will serve for the 2017 – 2021 Olympic Quadrennial.

President Brian Lewis

Vice President Ephraim Serrette

Vice President Terry Ali

Vice President Diane Henderson

Secretary General Annette Knott

Assistant Secretary General Nadine Khan Seemongal

Treasurer Curtis Nero

Trustee Dave Williams

Trustee Racquel Moses

Executive Member Wendell Constantine

Executive Member Reyah Richardson

Executive Member Giselle La Ronde West

Staff

President's Office Executive Assistant to the President Lovie Santana

Senior Administrative Officer Lovie Santana

Administrative Officer Stacy Santana

Project Officer, Athlete Services and Programmes Rheeza Grant

Project Officer, Marketing & Communications Chanelle Young n Thursday, June 1, 2017, President Anthony Aquinas Thomas Carmona O.R.T.T swore in the new executive committee of the Trinidad and Tobago Olympic Committee (TTOC). The TTOC created history as for the first time a gender equal Executive Committee was installed during a ceremony at the President's office in St Ann's.





#10GOLDS24

he Trinidad and Tobago International Marathon Walk was the first effort where the TTOC President led from front to 'Walk the Talk'. The marathon walk had no other motive than to raise awareness, attention and funding for the 10 or more Olympic Gold medals by the year 2024 (#10Golds24) athlete welfare and preparation fund.

TTOC President, Brian Lewis presented the campaign on 26 December 2014 and later launched the Fund on January 25th, 2015 by participating in the Trinidad and Tobago International Marathon. The Fund continues be independent, transparent, ethical, accountable and non-governmental.

Training to be an Olympic champion is a full-time commitment that demands both discipline and dedication to maintain competitiveness and to win medals. Elite and high performance athletes competing in individual and team sports must dedicate time, money, and energy to their athletic endeavors.

Signaling a new mindset, a new attitude and a new approach to achieving sporting excellence. Establishing a change in culture entails breaking down barriers with new and innovative approaches. Thus, this approach intends to sensitize the nation about the reality that exist with our National Athletes to encourage support of our athletes on their journey to fulfilling the Olympic Dream. Many of TTO Elite and High Performance athletes are not financially well rewarded and would not have an opportunity to reach their potential without financial support. Financial support or the lack of it across the stages of an athlete's long term development have ended or compromised the dream of many talented young men and women.

The training to compete and to win phases of an athlete's long-term development is particularly critical. As well as what happens after their competitive life is over.

The aim of #10Golds24 athlete welfare and preparation fund is to provide sustainable financial assistance to our nation's Olympic, Paralympic and Commonwealth Games athletes to enable them to train, recover and compete. The fund aims to assist athletes in the following aspects:

- · Direct support (stipend) and out of pocket expense
- Medal bonus
- · Health and Accident Insurance
- Internships with Corporate T&T to prepare for life after elite sport
- Life skills training
- Athlete Career Development
- High Performance Support
- · Case by Case needs and Special Requests

BAHAMAS 2017 COMMONWEALTH YOUTH GAMES

Team TTO in Review

argest ever contingent to represent Trinidad and Tobago at the **Commonwealth Youth Games**

27 Female Athletes

23 Male Athletes

9 disciplines: Athletics, Beach Soccer, Beach Volleyball, Boxing, Cycling (Road), Judo, Rugby 7s, Swimming and Tennis 5 Medals - 2 gold, 2 silver, 1 bronze

U 18 Girls (GOLD MEDAL) **BEACH SOCCER**

Team TTO U18 female Beach soccer team wrote their name in local sport history by becoming the first T&T Team sport to medal at a Commonwealth multisport event after defeating Jamaica in the Final to capture the Gold medal.

ADELL COLTHRUST (GOLD MEDAL) TRACK AND FIELD

Adell Colthrust created history at the Commonwealth Youth Games when he triumphed in the Boys 100m Final in 10.55 seconds and won Team TTO's first Gold medal.

U 18 BOYS (SILVER MEDAL) **BEACH SOCCER**

Following the Girls U 18 Beach Soccer team, the men's team faced St. Lucia in the Boys Beach Soccer Final. After a well fought match against St. Lucia, Team TTO finished in 2nd place.

JERON THOMPSON (BRONZE MEDAL) SWIMMING

On the final day of competition for Swimming, Thompson pulled off a magnificent swim to earn his place on the podium in the Boys 50m Freestyle Final. He completed the race in 23.43 seconds.

TYRIQ HORSFORD (SILVER MEDAL) TRACK AND FIELD

Tyriq Horsford closed the curtains for Team TTO in the Boys Javelin Throw, placing 2nd with a throw 69.43m and earning the team's 5th medal for the Games

Commonwealth Youth Games Team

Athletics

Tyrig Hosford Adell Colthrust Ianna Roach Akilah Lewis

Beach Soccer

Levi Fernandez Jabari Gray Nathaniel Brown Immanuel Russell Omri Baird Juaval Roberts Anderson Peters Jordan Riley

Che Richards Kevon Williams Akkasia Charles Tamika Campbell Jade Noreiga Maya Blanc Ketara Munroe Adanya Phillip Tsai-Anne Fernandez Nia Honore Asha James **I'Nae Harris**

Beach Volleyball

Davnte Stewart **Devaughn Martin Tsyan Selvon Ebony Williams**

Boxing

Justin Parris Nickell Joseph Tyron Thomas

Cycling Road

Tyler Cole Jabari Whiteman

ludo Xavier Iones Luke Walker

Rugby 7s

Fayola Jack Thea Marrast Jamika Mellville Shania Charles Kendra Bournes Talitha Forde Alisha Antoine **Judelle Noel Rochelle Burke**

Daenelle Tobias Skylette Augustine Zakiya Belle

Swimming Jeron Thompson

Tennis

Emma-Rose Trestrail Aidan Carter

BAHAMAS 2017 COMMONWEALTH YOUTH GAMES



BAHAMAS 2017 COMMONWEALTH YOUTH GAMES











QUEEN'S BATON RELAY

rinidad and Tobago was the first Caribbean nation to receive the Gold Coast 2018 Commonwealth Games Queen's Baton on it's shores on 28th May 2017.

Past and aspiring Commonwealth Games athletes carried the Baton through Port of Spain, along several heritage trust sites including the Queen's Park Savannah, the Magnificent Seven and the Botanical Gardens.

Two time Commonwealth Champion Roger Gibbon took part in the celebrations, carrying the Baton while he rode through the streets. Dual gold medallist, Gibbon brought home Trinidad and Tobago's first gold medal at the 1966 Commonwealth Games in Jamaica.

The Baton continued its journey to Tobago, where the Queen's Baton Relay delegation received a warm welcome from members in Tobago. The Baton then made its way to the Pigeon Point Heritage Park, featuring Paralympic Gold and Silver medallist Akeem Stewart, Middle Distance runner Mark London and young aspiring athletes from Jubilee Stars Track Club. Tobago displayed the iconic Pigeon Point beach, dancers and musical accompaniment.













Future is Female



FUTURE IS FEMALE

n January 2017, the Trinidad and Tobago Olympic Committee (TTOC) launched the Future is Female project. The programme is aimed at championing and advocating for gender equality at all levels of Olympic, and Commonwealth Sport in Trinidad and Tobago.

Women in Leadership Workshop

On 21st and 22nd September, the TTOC in collaboration with UNESCO and TAFISA hosted a workshop - Achieving social inclusion and gender equality in the Caribbean using sports and physical activity. The aim of this workshop was to build awareness on gender equality in sports and sport as a tool for social inclusion, community building and civic engagement.

Advancing Women in Leadership Forum

On September 23, the TTOC held its first edition Advancing Women in Leadership Forum at the National Racquet Centre, Tacarigua.







ATHLETE PROGRAMMES AND SERVICES

Tokyo 2020 Olympic Solidarity Scholarship

total of twelve (12) athletes, were selected for the Tokyo 2020 Olympic Solidarity Scholarship Programme which commenced from January 1st 2018 and will end on August 31st 2020. The initial planning began in 2017 and each athlete will receive a total of US\$ 500.00 per month, once they comply with Olympic Solidarity's contractual obligations. The selected athletes are as follows:

Athletics

Khalifa St Fort Kamaria Durant Sparkle McKnight Michelle-Lee Ahye Machel Cedenio Jereem Richards Boxing Nigel Paul Michael Alexander

Cycling Nicholas Paul Rowing Aisha Chow

Sailing

Kelly-ann Arrindell

Swimming Dylan Carter

HIGH PERFORMANCE TRAINING

he TTOC in collaboration with BPTT sent a total of 12 athletes (inclusive of 2 Paralympic athletes) to the Michael Johnson Performance Centre from 4th - 7th December 2017 to aid with preparation for upcoming Games for the 2018 period. The athletes that visited the MJP were:

Khalifa St Fort Sparkle McKnight Kamaria Durant

Nyoshia Cain Nigel Paul Akeem Stewart Keston Bledman Kyle Greaux Rheeza Grant Abby Blackman Daneil Williams Daynte Stewart

EDUCATION

hree Athlete Career workshops were held for Gymnastics, Aquatics and the Commonwealth Youth Team within the 2017 period. The workshops assisted with the development of youth and young people both on and off the field of play. Athletes that participated were either familiar with competing or were first time competitors that needed the support with enhancing their professional skills when dealing with traditional and social media, mental strength, anti-doping, strength and conditioning, nutrition and the science behind sport.

ANTI DOPING

he National Anti Doping Organization has been steadfast in its approach to anti doping services within Trinidad and Tobago. Trinidad and Tobago now has a Registered Testing Pool for athletes across all National Sporting Organizations.

In Competition and Out of Competition Testing

A test distribution plan was completed and submitted to the Caribbean RADO to conduct eight (8) Out Of Competition Tests for eight athletes across identified sports within Trinidad and Tobago.

While In Competition Testing was done for the Amateur Swimming Association of Trinidad and Tobago at the CCCAN Championships 2017.

Cases

There were no new Adverse Analytical Finding for the period 2017. One athlete completed their two year suspension for an Adverse Analytical Finding. The athlete is now cleared to train/compete. Another athlete is scheduled complete their suspension on August 31st 2018.

ANOC Awards 2017

rinidad and Tobago 4x400m Men's Relay Team was awarded the Best Male Team of 2017 at the XXII ANOC General Assembly Prague 2017 held on November 2nd 2017.

MARKETING AND PROMOTION

Social Media

ocial media remains a key marketing strategy of the TTOC's to increase awareness of TeamTTO and the athletes. In 2017, @TeamTTO attracted approximately 45,000 fans across five social media platforms.



Sport Industry TT Conference

he TTOC Future of Sport Conference was held on March 9th at the Normandie Hotel, Cascade. The theme for the conference was "Next Step Entrepreneurship: The Foundation for a Sustainable Sport Industry".

Keynote speaker – Dr. Terrence Farrell – was excellent in his message. Dr. Farrell stressed the importance of the diversification effort and encouraged local entrepreneurs to focus on "what the world needs, not solely on what you can sell," as they sought to bring their creative ideas to life.

Approximately, 100 persons attended the conference from a number of different professional fields. The feedback on the overall content on the day was well received and commended by a number of the participants. Persons that attended the conference last year, commented that the format used in 2017 was more interactive with the panel sessions.



SPORT INDUSTRY TT Conference 2017

Special Guest Speaker Dr. Terrence Farrell

Former Deputy Governor of the Central Bank and Director of Research



PROMOTING OLYMPISM

Olympic Day

nce again this year, Olympic Day (OD) was successfully hosted by the Trinidad and Tobago Olympic Committee on June 23rd at the Lord Harris Square, Port of Spain. Over 250 children from several primary schools and kindergartens visited the square and were given the opportunity to move, learn and discover.

One of the major focuses for Olympic Day 2017 was ensuring that all participants had the opportunity to learn a new sport. Seventeen (17) National Sporting Organisations set up booths, gave demonstrations and exhibited skills and exercises to participants.

OD2017 included cultural ambassador Kerron Sunny Bling Sealy whom brought a vibrant, interactive and entertaining experience for all. OD also featured the Drama Making A Difference company.

National athletes from various sporting disciplines turned out in force to support the TTOC's Olympic Day celebrations.

Among the high profile guests at the event were 1976 Olympic Gold Medallist Hasely Crawford, and Olympians Michelle-Lee Ahye, Keston Bledman, Renny Quow, Lalonde Gordon, Janeil Belille, Sparkle Mc Knight, Sailor Andrew Lewis and Boxer Nigel Paul. Paralympic athletes Nyoshia Cain and Shanntol Ince were also in attendance as were top national athletes, boxer Michael Alexander and Daneil Williams.















PROMOTING OLYMPISM

Olympic Youth Camp

ixty participants from both Trinidad and Tobago benefited from the TTOC's annual Olympic Youth Camp. The camp positively contributes to the education, development and performance of participants through the facilitation of educational and developmental activities in conjunction with sporting activities.

Young Change Maker+

eannette Small has been involved in the Olympic Movement's Young Change Maker+ (YCM+) (formerly known as Young Ambassador+) since 2016. Jeannette's YCM+ project is focused on providing educational activities for children which promotes healthy lifestyles. The healthy and active living mascot is the face of the initiative. The mascot provides tips on healthy eating and encourages participation in traditional sports and games. Also involved in the project are junior national athletes which helps to encourage young role models.



| MONTH | VISIT | LOCATION | PARTICIPANTS |
|---------------|--|------------------------------|--|
| JANUARY 2017 | Anglican Primary Roman Catholic Primary | Point Fortin | 66 100 24 |
| FEBRUARY 2017 | Seven Day Adventist Primary Salazar Trace Goverment Primary Aqua Darts Swim Club New Jets Athletic Club Egypt Village Government Primary School Civic Football Club Badminton Club Early Childhood Development Centre | Point Fortin San Fernando | 24 18 25 25 25 25 25 10 |
| JUNE 2017 | Olympic Day | Port of Spain | 250 |
| AUGUST 2017 | Rugby 101 Festival | Port of Spain | 50 |
| DECEBER 2017 | 100% local Christmas Camp | San Fernando | 25 |

Olympic Education Commission

anjing 2014 Young Ambassador Jeannette Small was selected by the International Olympic Committee (IOC) to serve as a member of the Olympic Education Commission. Jeannette was invited to Lausanne to attend the Olympic Education Commission meeting on November 10th 2017.

The Commission advises the IOC Session, IOC Executive Board and the IOC President on the promotion of the Olympic values based education, and also provides strategic direction on IOC programmes and activities related to the education youth through sport.

EDUCATION & WORKSHOPS

Caribbean Coaching Certificate Programme

The Caribbean Coaching Coaching Certificate Programme is designed for any coach, in any sport. The course covers everything coaches need to know to coach effectively, and provided the latest coaching information in an easy to understand format.

International Coaching Enrichment Certificate Programme 2016/2017

ICECP candidate Carlton Felix successfully completed the International Coaching Enrichment Certificate Programme in 2017. Felix travelled to Lausanne, Switzerland in April to give his final presentation on the topic 'Long Term Athlete Development for Women's Rugby in Trinidad and Tobago'.

International Support Program to the African and Caribbean Sport October – December 2017 Michelle Alleyne-Pennie

International Coaching Course - General Condition, March - June 2017

Aaron Edwards graduated with honours from the International Coaching Course General Conditioning Course in June 2017. The Course provides coaches with a systematic way to improve their knowledge and skills in the theoretical, technical and practical aspects of coaching.

Sport Administrators Course

In 2017, the TTOC hosted two level 1 course and one level 2 course. The Sport Administration Course was redesigned and split into two levels. The level 1 course introduces participants to the basic knowledge of sport administration, focusing on more practical experience. While the level 2 course is provides participants with a more detailed course content. Over ninety persons benefited from the courses offered.

Advanced Sport Management Course 2016/2017

Nineteen out of twenty eight participants graduated from the Advanced Sport Management Course on 18th December 2017. Graduates ranged from variation of sports which include Cricket, Swimming, Table Tennis, Football, Volleyball, Athletics and Sailing.

2016/2017 ASMC Graduates:

David Alfonso Michelle Andrew Jeffrey Claverie **Gregory Davis Nevick Denoon Tracy Gonzales Damian Harris** Umsha King Shirla Lamorell-Lyons Neal Marcano Nigel Morgan Jamiyla Muhammad Claire Orr Susan Pierre **Camille Renwick Elizabeth Suite** Tricia Trim **Kirk Williams Bevon Williams**

LONG TERM ATHLETE DEVELOPMENT

n May 9th 2017, 10 National Sporting Organizations graduated from the Long Term Athlete Development programme. The Trinidad and Tobago Olympic Committee (TTOC) embarked on a project through an initiative coordinated by the Caribbean Association of National Olympic Committees (CANOC) to research, design and create a Long Term Athlete Development Framework for the National Sporting Organizations of Trinidad and Tobago.

The 10 NSOs are as follows:

Athletics: Kabir Hosein, Chief Administrative Officer - NAAA TT

Badminton: Rahul Rampersad - President, Badminton TT

Cycling: Roger Frontin and Claire Orr - Competitions Committee members TTCF

Hockey: Darren Cowie - Senior male National Team Captain

Judo: Mark Littrean - Technical Director Judo TT

Rugby: Carlton Felix - Senior Women National Team Coach

Sailing: Arianne LaChapelle - General Manager Sailing School

Squash: Drue de Verteuil - Competitions Director Squash TT

Table Tennis: Gregory O'Young - Former Secretary General Table Tennis TT

Triathlon: Diane Henderson (via video) and Paul Hee Haung - President Triathlon TT



23RD ANNUAL AWARDS

TTOC ANNUAL AWARDS GALA 2017 Award Winners

> Junior Sportswoman Khalifa St. Fort, Athletics

Junior Sportsman Adell Colthrust, Athletics

Sportswoman Michelle Lee Ahye, Athletics

Sportsman World Championship Men's 4x400m Relay Team, Athletics Renny Quow, Machel Cedenio, Jarrin Solomon, Lalonde Gordon, Jereem Richards

> Sports Personality Akeem Stewart, Athletics

People's Choice Award Jereem Richards, Athletics

Future is Female Merissa Aguilleira, Cricket

Alexander B Chapman Anthony 'Dada' Wickham, Trendsetter Hawks Coach

The 2017 Annual Awards Gala saw the inclusion of the new 'Future is Female Award'. The award recognises outstanding commitment to the encouragement, development and motivation of women in sport by an individual, team or organisation.













PROUD TEAM PARTNERS











Trinidad and Tobago











THE WORLDWIDE OLYMPIC PARTNERS





















TRINIDAD AND TOBAGO OLYMPIC COMMITTEE

121 Abercromby Street, Port of Spain.

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